

Cleaning Checklist

Kitchen

- Toss out old/expired food from pantry
- Toss out old/expired food from fridge
- Take out unwanted/unused kitchen appliances and donate to local thrift store
- Take out trash
- Clean trash bin
- Clean sink faucet
- Wash and put away dishes
- Organize the drawers and cabinets
- Take out all items from fridge and clean the fridge
- Organize fridge items
- Wipe kitchen vent (Clorox disinfecting wipes will take all the grease out!)
- Clean on top of the fridge
- Wipe microwave
- Clean stove-top and lift stove-top to clean under it

Bathroom

- Throw out any unwanted/unused items
- Throw out old/expired items (lotions, perfumes, cleaning supplies, shampoo bottles etc.)
- Wipe down bathroom closet
- Clean sink faucet
- Organize cabinet under sink
- Clean shower curtain
- Take out trash
- Clean trash can
- Scrub the bathtub

Laundry (if applicable)

- Clean top of washer and dryer
- Throw out empty bottles
- Organize remaining items (detergent, softener, dryer sheet, etc.)
- Pick up any items that may have fallen behind the washer and dryer
- Close doors

Bedroom

- Separate and organize clothes
- Take out unwanted/unused clothing articles and donate to local thrift store
- Organize drawers
- Throw out any socks that do not have a match
- Vacuum
- Wash pillows and bed sheets
- Organize closet
- Clean windows

Entry

- Organize shoes/coats
- Clean entry rug

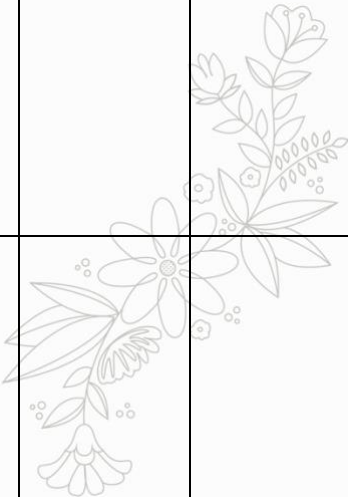
Other:

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____



Highly-Effective Contemporary Mom Weekly Chore Plan

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday



I need to buy...

